

Medical.
OF STAMINA.

[illegible]

the body. But in regions where the weather is so variable, the people are liable to suffer from the stomach and bowels. The stomach is the seat of the digestive system, and the bowels are the seat of the excretory system. If the stomach is weak, the food is not properly digested, and the bowels are not properly regulated. This leads to various diseases, such as indigestion, constipation, and diarrhoea. The treatment of these diseases is to strengthen the stomach and bowels. This can be done by taking cod liver oil, which is a powerful tonic for the system. It also helps to regulate the bowels. Another good remedy is to take a course of cod liver oil, which will strengthen the system and regulate the bowels. This will help to prevent the diseases of the stomach and bowels. The treatment of these diseases is to strengthen the stomach and bowels. This can be done by taking cod liver oil, which is a powerful tonic for the system. It also helps to regulate the bowels. Another good remedy is to take a course of cod liver oil, which will strengthen the system and regulate the bowels. This will help to prevent the diseases of the stomach and bowels.

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